

:: Class Schedule Winter 2010 ::

Beginners start here! BellydanceNOW eight week beginner course \$98

Day	Time	Book with your instructor:	Course commencement dates
Mondays	7.00-8.00pm	Min@bellydance.net.au 0402 153 577	Basic Course starts August 7
Tuesdays	6.00-7.00pm	Fereshta.b@bellydance.net.au 0422 810 797	Basic course starts July 20

Beyond Beginners/Intermediate/Advanced - Contact the instructor to join in a class. \$15 or 1 Oasis Ticket per class

MONDAYS

TIME	CLASS	DATES
6.00-7.00pm	Core Moves & Concepts: Putting it all together with Min	Continuous classes through to August

TUESDAYS

7.00-8.00pm	Focus on Fun! with Fereshta Isis Wings Dance	June 22, 29, July 6, 13, 20, 27, Aug 3, 10, 17, 24, 31
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WEDNESDAYS

10.00-11.30am	Advanced Plus/Professional Level with Rose	Classes run fortnightly by invitation only - contact Rose
6.00-7.00pm	Dancer Development - Intermediate with Rose	Classes run weekly, no breaks
7.00-8.00pm	Performance Essentials - Advanced with Rose	

THURSDAYS

10.00-11.00am	Bellydance for Everyone (all levels) with Fereshta. Habibi Zill Dance	June 17, 24, July 1, 8, 15, 22, 29, Aug 5, 12, 19, 26
11.00-12.00pm	Bellydance for Over-55s with Ayesha	Contact Ayesha for dates
6.00 - 7.00pm	Warm up this Winter Bellydance with Ayesha	July 15, 22, 29, August 5, 12, 19, 26, September 2
7.00-8.00pm	Shake Off the Stress with Min	August 5, 12, 19 & 26

Bellydance Bootie Camp: Saturdays with Rose spaces limited, be sure to book with roseott@ozemail.com.au 0412 686 518. \$105 for 7 session course or \$18 casual class ...

10.00-11.00am	Bellydance Bootie Camp: Fitness *Wear trainers*	Dates to be confirmed
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Personal Training with Rose at Oasis Dance Studio

Awesome one on one personal training sessions to suit your needs. A personalised gym style workout in the privacy of our fully equipped Studio. Talk to Rose about your fitness and dance goals: email roseott@ozemail.com.au or phone 0412 686 518

Bookings & Questions? Our friendly instructors are happy to answer any questions about the classes

Fereshta fereshhta.b@bellydance.net.au 0422 810 797	Rose roseott@ozemail.com.au 0412 686 518	Min min@bellydance.net.au 0402 153 577	Ayesha ayesha@bellydance.net.au 0438 223 914
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