

## :: Class Schedule Summer 2010 ::

### Beginners start here! BellydanceNOW eight week beginner course \$98

Day	Time	Book with your instructor:	Course commencement dates
Mondays	7.00-8.00pm	Min@bellydance.net.au 0402 153 577	Basic course starts March 22
Tuesdays	6.00-7.00pm	Fereshta.b@bellydance.net.au 0422 810 797	Basic Course starts February 2

### Beyond Beginners/Intermediate/Advanced - Contact the instructor to join in a class. \$15 or 1 Oasis Ticket per class

#### MONDAYS

TIME	CLASS	DATES
6.00-7.00pm	Core Moves & Concepts: Putting it all together with Min	Feb 1, 8, 15, 22, Mar 8, 15, 22, 29, Apr 12, 19, 26 (no class Labour Day Mar 1 or Easter Monday Apr 5)

#### TUESDAYS

7.00-8.00pm	Focus on Fun! with Fereshta: Turkish Roman Skirt Dance, Egyptian Shaabi	Jan 19, 26, Feb 2, 9, 16, 23, Mar 2, 9 Shaabi starts Mar 9, 16, 23, 30, Apr 6, 13, 20, 27
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#### WEDNESDAYS

10.00-11.30am	Advanced Plus/Professional Level with Rose	Classes run fortnightly by invitation only - contact Rose
6.00-7.00pm	Dancer Development - Intermediate with Rose	Feb 10, 17, 24, Mar 3, 10, 17, 24, 31, Apr 7, 14, 21, 28
7.00-8.00pm	Performance Essentials - Advanced with Rose	

#### THURSDAYS

10.00-11.00am	Bellydance for Everyone (all levels) with Fereshta: Milaya Shawl Dance	Jan 21, 28, Feb 4, 11, 18, 25, Mar 4, 11, 18, 25, Apr 1, 8, 15, 22, 29
11.00am- 12 noon	NEW Bellyshape continuous dance for fitness with Fereshta	Jan 21, 28, Feb 4, 11, 18, 25, Mar 4, 11, 18, 25, Apr 1, 8, 15, 22, 29
6.30-7.30pm	All level class: Technique, zills & choreography with Jilyan	Feb 11, 18, 25, Mar 4, 11, 18, 25, Apr 1, 8, 15, 22, 29
7.30-8.30pm	Sword dance with Jilyan	Feb 11, 18, 25, Mar 4, 11, 18, 25, Apr 1, 8, 15, 22, 29

#### SATURDAYS

2.00-3.00pm	All level class: Technique, zills & choreography with Jilyan	Feb 11, 18, 25, Mar 4, 11, 18, 25, Apr 1, 8, 15, 22, 29
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### Bellydance Bootie Camp: Saturdays with Rose spaces limited, be sure to book with roseott@ozemail.com.au 0412 686 518. \$105 for 7 session course or \$18 casual class ...

10.00-11.00am	Bellydance Bootie Camp: Fitness *Wear trainers*	Dates to be confirmed
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### Personal Training with Rose at Oasis Dance Studio

Awesome one on one personal training sessions to suit your needs. A personalised gym style workout in the privacy of our fully equipped Studio. Talk to Rose about your fitness and dance goals: email roseott@ozemail.com.au or phone 0412 686 518

### Bookings & Questions? Our friendly instructors are happy to answer any questions about the classes

<b>Fereshta</b> fereshta.b@bellydance.net.au 0422 810 797	<b>Rose</b> roseott@ozemail.com.au 0412 686 518	<b>Min</b> min@bellydance.net.au 0402 153 577	<b>Jilyan</b> hipinfinity@bellydance.net.au 0419 190 788
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